2: Read E-5 (1935-1939) 1956
FR5 Ngoni FR5

593 extended to his brothers' sons, especially if their father was dead. Following the same pattern, a man's sons who were away at work sent back money to their father who bought cattle with it, or spent it as the sons asked. It was clear in the 1930's that Ngoni men rarely sent money directly to their wives, though they frequently asked their father to give money to their wives and to buy for them cloth or needed household equipment.

562 844 593 Within the larger orbit of the male family responsibilities women had their more restricted but clearly defined sphere. At a woman's confinement she was looked after by her husband's own mother, aided by his other mothers and by his sisters if they were present in the village. At the 'coming out' of the new member of the family, ten to fourteen days after birth, the woman and the baby, bathed and ritually cleansed, were seated on a mat outside the hut and presented to the male members of the father's family who gave small gifts to the baby. If it was a boy, the father's mother generally carried it to the gate of the kraal where the men were sitting, to present it to them as one who would eventually herd the cattle. On this occasion, or soon after, the [553] child's name was chosen, usually by the father's father, who prepared and gave to the mother a calf-skin or goat-skin for carrying the child in. The meat of the animal was cooked by the father's mother and a small feast was held for the father's mothers, sisters, brothers and their wives, and any others of the father's family who had helped in the confinement.[1] After the child had thus been acknowledged in its father's family circle, the mother took the baby to visit her own family, who also gave it presents.

593 862 During the rearing of the child, its father's female relatives assumed responsibility for giving the young mother advice. The father's mother was expected to note the stage at which the child should be weaned, always if possible before the mother's next pregnancy. If the father's mother was unobservant, the other senior women of the husband's family would rebuke her and say 'Look now you are foolish because the child has been endangered. You are like an enemy to it.' These women then took the initiative and insisted on weaning the child. They said to the baby's mother 'We want to wean the child.' They made a paste of ground chillies and put it on the mother's breasts and covered them with a skin or cloth. The child was taken from her after it had tried to [853] suck and had been refused, and given to the father's mother or sister, who looked after it with the help of a nursemaid. It was fed on cow's milk, *amasi* (milk curds), and gruel.

[178] The publicity given to the weaning and the initiative taken by the senior women of the husband's family were intended to inform others in the village that the parents were now free to have another child. This was one aspect of the old Ngoni form of family planning and, in describing

[1] This feast was also held when a carrying cloth was given instead of a skin.

3: Read E-5 (1935-1939)1960
FR5 Ngoni FR5

844 ready for burning, and generally cleaned up. The fire in the middle of the hut was rekindled to warm the mother and [262] baby, and gruel was given to the mother of millet flour, brought from the mother-in-law's hut where it had been cooked. With the help of the other women, the mother [853] washed her breasts with warm water and massaged them to make the milk flow, ready for the child to suck.

845 The other ethnic groups surrounding the Ngoni in Nyasaland considered it disastrous if a child was born face down [184] or with the buttocks first, and twins were dreaded as ill omens. The Ngoni shared none of these beliefs and were particularly considerate for the mother of twins, often killing [262] a beast to give the mother meat and broth to increase her [853] flow of milk. The only notice the Ngoni took of the method of presentation at birth was that they gave a child a name [553] indicative of such a birth. They gave special names for the first and second twin born. If one twin died it was buried under the veranda of the hut and a smooth stone was placed [766] on top. This stone was used for sitting on, and the surviving twin was held on it when being washed.

Ritual and social uncleanness

846 From the time just before the birth took place the hut and everything in it, and the woman and her new baby, were 783 considered ritually unclean. If she had to leave the hut to answer the call of nature, she covered herself with a cloth from head to foot and avoided meeting anyone. She did no cooking herself until the ritual uncleanness was removed. Food was brought to her from her mother-in-law's hut or from her co-wives' huts, a special dish was used and washed separately, and she did not use her hands to eat with but a wooden spoon which was also washed separately. During the period of seclusion within the hut one of the senior women who helped at the birth slept in the hut with the mother and baby. No other young children were allowed to sleep in the hut, though they might come in to see the baby. All males

3: Read E-5 (1935-1939) 1960
FR5 Ngoni FR5

societies maintaining officially a conspiracy of silence, the stories were only standard replies by adults to children, and most adults admitted that children pursued these inquiries among themselves and found out what they wanted to know from each other.

Naming the child

After coming out of the hut and being presented to its male kin and to the elders of the village as 'the new stranger', the baby was given a name. The choice of a name was usually left to the baby's paternal grandfather. He sometimes gave it his name or his father's name, if a boy, or if a girl, his mother's name or his father's sister's name. There was no ceremony attached to naming. After the matter had been talked over by the men at the kraal gate, the grandfather came to the hut, and called the mother and child out and said, 'His name is so and so.' The personal name was seldom used in ordinary social intercourse, but in spite of this every child was given a personal name, and sometimes had added to it a descriptive name indicating that it had been born face downwards, or born a twin, or born too soon after the previous baby.

At this time of naming, the father, or more generally the paternal grandfather, prepared a 'carrying skin' for the mother to carry the baby in. It really belonged to the baby rather than to the mother, for it was used by the nurse girl to carry the baby, and she had the child in her charge most of the day. The skin was that of a goat or small calf from the herd owned by the house to which the baby's father belonged. The skin was cleaned and scraped and made soft by rubbing in fat, and handed over to the mother with some of the meat for broth, and the rest of the meat was eaten by the males of that house. The gift in time became a cloth and not a skin, as skins for wearing or household use went out of fashion. The cloth when presented however was still called a 'carrying skin' and a goat or a calf from the herd of the

6:Rattray E, G-5 (ca. 1900) 1907 FR5 Ngoni FR5

844 If a female child, "You have seen a basket." Then the man comes and sits down on the verandah and makes fire. The old fire in the hut is thrown away. The old woman takes up the new fire and kindles with it a new fire in the hut. The husband goes away to another hut. He does not now cohabit with [84] any of his other wives until his wife, who was confined, is seen again in public.

II. When they know the umbilical cord is going to break, when they set the infant on the knees (legs), they lay it on its side so that when the cord breaks it will fall on one side; for if it breaks and falls on the pubes the child will be impotent, or barren. The umbilical cord they bury on the verandah. That day is the one on which they shave the mother and child. They begin with the infant and they shave the mother. On shaving the infant's head they leave a little hair on the fontanel, and [614] should the infant be of the clan *Maseko*, they also leave a little patch on the back of the head, and ● 553 then his godmother gives the child a name, saying, "My grandchild's name is so and so." This name it will have until such time as it begins to laugh and notice people, then the father, should he wish, will give the child another name. When it grows up still farther it will give itself a name, saying, "Now I am so and so." When the child becomes a man he will once again discard his old name and take another. And if a person calls him by the old name, he says, "He has named me by that thing the wild bush-pigs unearth while digging with their tusks" [meaning something very old]. When they have finished the shaving, the child's grandmother 854 powders some medicine called *pfundabwe*, this she 218 mixes with castor oil and red clay, and then rubs on 751 the fontanel. This medicine they continually renew. When the infant gets strong and big they stop. The